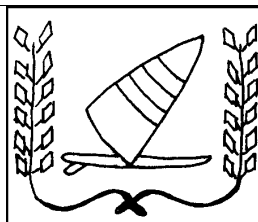


**BOARDSAILING**  
**INTEREST BADGE**


- |   | Date Passed | Signed         |
|---|-------------|----------------|
| 1. Have a basic understanding of the theory of sailing, with particular reference to the centre of effort and the centre of lateral resistance, and explain their significance to boardsailing.             | _____       | <u>1</u> _____ |
| 2. Be able to identify all parts of a sailboard and its rigging.  | _____       | <u>2</u> _____ |
| 3. Rig a sailboard and sail a course of at least 300 metres, at least one beat, one run, and one reach, on both port and starboard tacks.   | _____       | <u>3</u> _____ |
| 4. Explain how to obtain suitable weather forecasts and understand how to use them.   | _____       | <u>4</u> _____ |
| 5. Describe the international signal for help and explain when to use it.   | _____       | <u>5</u> _____ |
| 6. Demonstrate and explain rigging modifications for varying weather conditions.  | _____       | <u>6</u> _____ |
| 7. Discuss with the examiner the LY.R.U. rules and appendices, with S.A.Y.R.A. prescriptions, applicable to boardsailing and right-of-way for yachts and sailboards.  | _____       | <u>7</u> _____ |
| 8. Sailing with an average wind strength of Force 3 on the Beaufort Wind Scale or more, complete a figure-of-eight course twice, sailing continuously. The radius of the circles to be less than 10 metres. | _____       | <u>8</u> _____ |
| 9. Perform the following manoeuvres on both port and starboard tacks:<br>Step tack; Jump tack; Swing gybe; Stop (or Turn) gybe.   | _____       | <u>9</u> _____ |